



**MHN**  
Men's Health Network

Reaching men and their families  
where they live, work play and pray





Men's Health Network (MHN) is a national non-profit organization whose mission is to reach men, boys, and their families where they live, work, play, and pray with health awareness and disease prevention messages and tools, screening programs, educational materials, advocacy opportunities, and patient navigation.

Men's Health Network  
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Men's Health Network is a qualified 501(c)3 tax-exempt organization.  
Combined Federal Campaign #10825

[menshealthnetwork.org](http://menshealthnetwork.org)



# **TIME OUT!**

## **Men's Health Screenings**

The Men's Health Screening Initiative was launched in 2001 and designed to encourage a renewed commitment between healthcare professionals and facilities and members of the community. This milestone moment saw a coordinated effort of free screenings for cholesterol, diabetes, hypertension, obesity, prostate cancer and erectile dysfunction across the country.

This initiative continues today through a broad spectrum of educational campaigns and outreach programs dedicated to enriching men's health. Screenings are held and promoted throughout the country where men and their families work, live, play and pray.



# **MINDFUL HEALTH: Focus on Men's Mental Health**

Men's Health Network has played an important role in addressing male mental health issues and continues to proactively engaging policy makers, healthcare professionals and families. Because of these ongoing efforts, the amount of resources and support has been steadily increasing for families, veterans, military personnel and individuals.

Men's Health Network is leading the way in facing men's mental health issues head-on and paving the way for discussions, resources and ensuring the emotional and mental wellness of boys and men. Men's Health Network organizes and produces Congressional Briefings throughout the year focused on a variety of issues facing men's health and wellbeing.

Men's & Boys' Mental  
Health Issues:  
Gateways to Opioid  
and Drug Abuse

Veterans' &  
Military Mental  
Health and  
Suicide

Opioids and Men in  
the Work Place: How  
Are Drugs Affecting  
Men & Employment







# Healthy Awareness: It's Happening!

Men's Health Network has been the primary influencer when it comes to men's health and wellness issues for over a quarter of a century and has led the charge for policy makers, organizations, communities and individuals. Partnering with a number of professional and advocacy organizations MHN conducts activities around issues directly impacting men and their families.

Men's Health Network is dedicated to providing a variety of resources to help organizations, corporations and individuals successfully bring the right level of awareness to large and small audiences. This includes websites, educational materials, informational materials, brochures, posters and fact sheets. Support extends to digital media through campaign and awareness specific websites, promotions and downloadable materials.

**STATE OF ILLINOIS**  
Proclamation  
JANUARY 16, 2013  
In Witness Whereof, I have hereunto set my hand and the Great Seal of the State of Illinois at the City of Springfield, this 15th day of January, 2013.  
Randy H. Root  
Governor

**State of Colorado**  
Proclamation  
JANUARY 16, 2013  
I, Governor John Hickenlooper, do hereby proclaim January 16 through January 22, 2013, as Men's Health Month in the State of Colorado.  
John Hickenlooper  
Governor

**PROCLAMATION**  
JANUARY 16, 2013  
I, Governor John Hickenlooper, do hereby proclaim January 16 through January 22, 2013, as Men's Health Month in the State of Colorado.  
John Hickenlooper  
Governor

**Proclamation**  
by the Governor of Illinois  
JANUARY 16, 2013  
I, Governor Bruce Rauner, do hereby proclaim January 16 through January 22, 2013, as Men's Health Month in the State of Illinois.  
Bruce Rauner  
Governor

**EXECUTIVE DEPARTMENT**  
STATE OF CALIFORNIA  
PROCLAMATION  
JANUARY 16, 2013  
I, Governor Jerry Brown, do hereby proclaim January 16 through January 22, 2013, as Men's Health Month in the State of California.  
Jerry Brown  
Governor

**STATE OF INDIANA**  
PROCLAMATION  
JANUARY 16, 2013  
I, Governor Mike Pence, do hereby proclaim January 16 through January 22, 2013, as Men's Health Month in the State of Indiana.  
Mike Pence  
Governor

**Proclamation**  
JANUARY 16, 2013  
I, Governor Bruce Rauner, do hereby proclaim January 16 through January 22, 2013, as Men's Health Month in the State of Illinois.  
Bruce Rauner  
Governor

**ROY EVANS**  
JANUARY 16, 2013  
I, Governor Roy Evans, do hereby proclaim January 16 through January 22, 2013, as Men's Health Month in the State of Indiana.  
Roy Evans  
Governor

**The State of Maryland**  
Proclamation  
JANUARY 16, 2013  
I, Governor Martin O'Malley, do hereby proclaim January 16 through January 22, 2013, as Men's Health Month in the State of Maryland.  
Martin O'Malley  
Governor

**OFFICE OF THE GOVERNOR**  
JANUARY 16, 2013  
I, Governor Bruce Rauner, do hereby proclaim January 16 through January 22, 2013, as Men's Health Month in the State of Illinois.  
Bruce Rauner  
Governor

**Proclamation**  
JANUARY 16, 2013  
I, Governor Jerry Brown, do hereby proclaim January 16 through January 22, 2013, as Men's Health Month in the State of California.  
Jerry Brown  
Governor

**STATE OF ARIZONA**  
PROCLAMATION  
JANUARY 16, 2013  
I, Governor Doug Ducey, do hereby proclaim January 16 through January 22, 2013, as Men's Health Month in the State of Arizona.  
Doug Ducey  
Governor

**STATE OF DELAWARE**  
OFFICE OF THE GOVERNOR  
PROCLAMATION  
JANUARY 16, 2013  
I, Governor Jack Markell, do hereby proclaim January 16 through January 22, 2013, as Men's Health Month in the State of Delaware.  
Jack Markell  
Governor

**State of Iowa**  
Executive Department  
PROCLAMATION  
JANUARY 16, 2013  
I, Governor Steve Nouri, do hereby proclaim January 16 through January 22, 2013, as Men's Health Month in the State of Iowa.  
Steve Nouri  
Governor

**State of Connecticut**  
By His Excellency Daniel N. Malloy, Governor  
Official Statement  
JANUARY 16, 2013  
I, Governor Daniel N. Malloy, do hereby proclaim January 16 through January 22, 2013, as Men's Health Month in the State of Connecticut.  
Daniel N. Malloy  
Governor

**BY THE GOVERNOR OF THE STATE OF GEORGIA**  
A PROCLAMATION  
JANUARY 16, 2013  
I, Governor Nathan Deal, do hereby proclaim January 16 through January 22, 2013, as Men's Health Month in the State of Georgia.  
Nathan Deal  
Governor

**Proclamation**  
JANUARY 16, 2013  
I, Governor Nathan Deal, do hereby proclaim January 16 through January 22, 2013, as Men's Health Month in the State of Georgia.  
Nathan Deal  
Governor

**Countdown of Kentucky**  
PROCLAMATION  
JANUARY 16, 2013  
I, Governor Steve Beshear, do hereby proclaim January 16 through January 22, 2013, as Men's Health Month in the State of Kentucky.  
Steve Beshear  
Governor

**STATE OF MISSISSIPPI**  
GOVERNOR OF MISSISSIPPI  
PROCLAMATION  
JANUARY 16, 2013  
I, Governor Bryant Battle, do hereby proclaim January 16 through January 22, 2013, as Men's Health Month in the State of Mississippi.  
Bryant Battle  
Governor

**The State of New Hampshire**  
By His Excellency Christopher T. Sununu, Governor  
A Proclamation  
JANUARY 16, 2013  
I, Governor Christopher T. Sununu, do hereby proclaim January 16 through January 22, 2013, as Men's Health Month in the State of New Hampshire.  
Christopher T. Sununu  
Governor

**STATE OF MINNESOTA**  
Proclamation  
JANUARY 16, 2013  
I, Governor Mark Dayton, do hereby proclaim January 16 through January 22, 2013, as Men's Health Month in the State of Minnesota.  
Mark Dayton  
Governor

**STATE OF NEBRASKA**  
Proclamation  
JANUARY 16, 2013  
I, Governor Steve Stabenow, do hereby proclaim January 16 through January 22, 2013, as Men's Health Month in the State of Nebraska.  
Steve Stabenow  
Governor

**OFFICE OF THE GOVERNOR**  
PROCLAMATION  
JANUARY 16, 2013  
I, Governor Steve Stabenow, do hereby proclaim January 16 through January 22, 2013, as Men's Health Month in the State of Nebraska.  
Steve Stabenow  
Governor

**EXECUTIVE OFFICE**  
PROCLAMATION  
JANUARY 16, 2013  
I, Governor Steve Stabenow, do hereby proclaim January 16 through January 22, 2013, as Men's Health Month in the State of Nebraska.  
Steve Stabenow  
Governor

**STATE OF NORTH DAKOTA**  
PROCLAMATION  
JANUARY 16, 2013  
I, Governor John Hoeberlitz, do hereby proclaim January 16 through January 22, 2013, as Men's Health Month in the State of North Dakota.  
John Hoeberlitz  
Governor

**State of South Carolina**  
Governor's Proclamation  
JANUARY 16, 2013  
I, Governor Nikki Haley, do hereby proclaim January 16 through January 22, 2013, as Men's Health Month in the State of South Carolina.  
Nikki Haley  
Governor

**CERTIFICATE OF RECOGNITION**  
JANUARY 16, 2013  
I, Governor Nikki Haley, do hereby proclaim January 16 through January 22, 2013, as Men's Health Month in the State of South Carolina.  
Nikki Haley  
Governor

**State of Oregon**  
PROCLAMATION  
JANUARY 16, 2013  
I, Governor Steve Novosel, do hereby proclaim January 16 through January 22, 2013, as Men's Health Month in the State of Oregon.  
Steve Novosel  
Governor

**The State of Washington**  
Proclamation  
JANUARY 16, 2013  
I, Governor Jay Inslee, do hereby proclaim January 16 through January 22, 2013, as Men's Health Month in the State of Washington.  
Jay Inslee  
Governor

**Executive Proclamation**  
JANUARY 16, 2013  
I, Governor Jay Inslee, do hereby proclaim January 16 through January 22, 2013, as Men's Health Month in the State of Washington.  
Jay Inslee  
Governor

**STATE OF NORTH DAKOTA**  
PROCLAMATION  
JANUARY 16, 2013  
I, Governor John Hoeberlitz, do hereby proclaim January 16 through January 22, 2013, as Men's Health Month in the State of North Dakota.  
John Hoeberlitz  
Governor

**State of South Carolina**  
Governor's Proclamation  
JANUARY 16, 2013  
I, Governor Nikki Haley, do hereby proclaim January 16 through January 22, 2013, as Men's Health Month in the State of South Carolina.  
Nikki Haley  
Governor

**CERTIFICATE OF RECOGNITION**  
JANUARY 16, 2013  
I, Governor Nikki Haley, do hereby proclaim January 16 through January 22, 2013, as Men's Health Month in the State of South Carolina.  
Nikki Haley  
Governor

**State of Oregon**  
PROCLAMATION  
JANUARY 16, 2013  
I, Governor Steve Novosel, do hereby proclaim January 16 through January 22, 2013, as Men's Health Month in the State of Oregon.  
Steve Novosel  
Governor

**The State of Washington**  
Proclamation  
JANUARY 16, 2013  
I, Governor Jay Inslee, do hereby proclaim January 16 through January 22, 2013, as Men's Health Month in the State of Washington.  
Jay Inslee  
Governor

**Executive Proclamation**  
JANUARY 16, 2013  
I, Governor Jay Inslee, do hereby proclaim January 16 through January 22, 2013, as Men's Health Month in the State of Washington.  
Jay Inslee  
Governor

# **JUNE**

## **Men's Health Month**

For 25 years, June has been recognized as Men's Health Month which heightens awareness of preventable health problems and encourages early detection and treatment of disease among men and boys.

Men's Health Network is the originator of Men's Health Month and is the primary resource for healthcare facilities, providers, community partners, families and individuals for information, packaged promotional and educational materials, surveys, nationwide healthcare screening and events.

Men's Health Network has received over 400 Proclamations supporting Men's Health Month from Federal, State Native American and local communities all over the U.S.





# Men's Health Week

Created by Congress in 1994, National Men's Health Week heightens awareness of preventable health problems and encourages early detection and treatment of diseases among men and boys.

Men's Health Week is celebrated throughout the United States with corporate and individual events, free screenings, awareness campaigns and widely distributed educational materials. A full historical accounting of the creation of National Men's Health Week is highlighted on [menshealthmonth.org](http://menshealthmonth.org).

## Wear Blue Friday

Wear Blue Friday takes place on Friday during Men's Health Week. Wear Blue was created by Men's Health Network to raise awareness about the importance of male health and to encourage men to live longer healthier lives.

[#ShowUsYourBlue](https://twitter.com/ShowUsYourBlue)

## International Men!

In 2001, Men's Health Network sponsored the World Congress on Men's Health in Vienna, Austria. International Men's Health Week (IMHW) became official 2002. The IMHW is celebrated to coincide with Men's Health Week in June.





Men's Health Network has long been committed to the availability of health screenings for men. For over 25 years, the organization has stood at the forefront in bringing men's health information to the public, policy makers and health professionals.

## **Men's Health Network Highlights**

**2000+** Physicians and Healthcare workers are a part of the nationwide network of professionals focused on men's health needs and issues

**850+** Advisor participants in the Men's Health Network

**100+** Congressional briefings held by Men's Health Network

**75+** Corporate Men@Work Screenings Partnerships

**1000+** Resource churches dedicated to men's health and participate in the "Healthy Sundays" initiative

**600+** Conference & symposium participations & partnerships

**3600+** Community Health Centers receive original MHN health information, posters, media, and other collateral

**Respected & Renowned Experts/Speakers** engage and inspire policy makers, medical professionals, community organizations, families and individuals

**Regional Outreach staff** and Healthcare participants in all U.S. states

**Thousands of events held each year** in communities around the U.S. for men and their families





# MHN MILESTONES

- 1992** Men's Health Network Founded
- 1994** Men's Health Month Established
- 1994** National Men's Health Week, designated by President Clinton
- 2001** First World Congress on Men's Health, sponsored by Men's Health Network and held in Vienna, Austria
- 2002** International Health Week Designated Worldwide, supported by Men's Health Network
- 2006** American Journal of Men's Health created by Men's Health Network
- 2007** Bipartisan Congressional Men's Health Caucus Formed
- 2010** APHA Men's Health Caucus Formed
- 2012** Dialogue on Men's Health held in Washington D.C.
- 2015** Veterans and Sexual Health Dialogue
- 2016** White House hosts Dialogue on Men's Health with over 200 participants from all sectors and held in collaboration with Men's Health Network
- 2018** Top 10 Health Blog for Men's Health awarded to MHN
- 2019** Launch of three-year Conference series in partnership with PCORI drawing a pool of experts in the areas of behavioral health of men and adolescent boys



# **MOVING MEN FORWARD: Briefs, White Papers, Studies & Journals**

Men's Health Network is one of the leading authorities in reporting that informs and educates government entities, organizations, and communities of the complex issues that impact men's health and wellness, exploring the challenges and bringing ideas to address them.

An extensive digital library of historical and current publications, including original materials, summaries of MHN sponsored dialogues and events, briefs, white papers, statistics and studies on men's health, veterans' affairs, families, boys and teens, medical information and media materials is found on [menshealthnetwork.org](http://menshealthnetwork.org).

In 2006, Men's Health Network founded the American Journal of Men's Health and continues its affiliation today with the publication that boasts a readership of over 300,000.

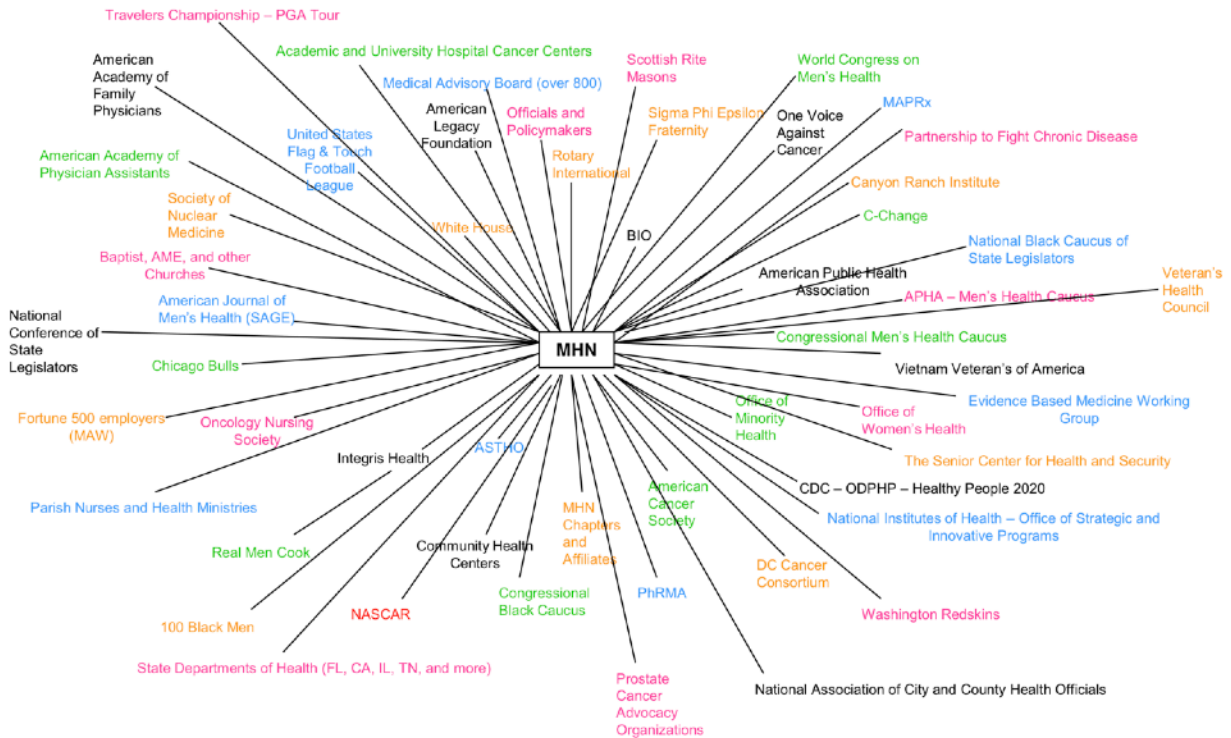


# **MAN UP! Education is Where it Starts**

Health and wellness education for boys needs to have greater emphasis in primary and secondary schools and continue through young adulthood. Men's Health Network is committed to engaging boys and young men through ongoing efforts and upcoming initiatives.

Recognizing the importance and relevance of a targeted campaign, Men's Health Network, in partnership with Healthy Women, is developing a national campaign geared towards boys, adolescents and young men.

**Man UP! To a healthier future.**



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